

Liptovská
potravínárska
spoločnosť

Product Catalogue

Liptov
potatoes
since
2010



Our company has been operating on the market since 2010

We focus on the production and sale of peeled raw and cooked potatoes, vacuum packed in various shapes.

We also have other potato products in our portfolio – traditional Liptov delicacies **LIPTOV DROBY** and **LIPTOV ŠIALENCE** and grated potatoes intended for rapid preparation of potato pancakes and potato gnocchi.

We hope you enjoy dining on products from the Liptov Food Company.

BON APPETIT!



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Potatoes are healthy!

Potatoes contain in particular vitamins C, A, B1, B2 and niacin. The vitamin C content is in the range of 9 – 25 mg/100g. Potatoes have a great ability to preserve them. They are a unique source of minerals and trace elements – magnesium, iron, zinc, phosphorous, iodine, copper, fluoride, sodium, chromium and potassium.

Phenolic acid in turn works against harmful bacteria and viruses. Potatoes have many health advantages; they improve digestion, reduce cholesterol levels, strengthen heart activity, and protect from diabetes. They support immunity, lower blood pressure and help maintain a balance of fluids in the

body. They help prevent insomnia and improve vision. Potatoes are always filling and provide ample energy. They contain significantly less dry matter than cereals and therefore they are often recommended as a food for diets.

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NIGHTSHADE POTATOES

Contain a significant amount of vitamins C, B1, B2 and PP, minerals (Mg, Fe, Zn, Cu, Mn, P, I, Ni, Ca, K and others) and citric and polyphenolic acids.

Dry Matter

24%

Starch

approximately 75% of dry matter

Protein

make up about 5 - 10% of dry matter

Fats

make up about 0.4% of dry matter

We use Slovak-grown potatoes in 85% of our products, from selected varieties that are most suited to our customers and consumers.

We are able to prepare potatoes for our customers exactly according to their requirements so that they meet their needs to the greatest extent possible.

Boiled potatoes – vacuum packed



Boiled potatoes – whole

3 kg 25 days
package longevity



Boiled potatoes – balls

3 kg 25 days
package longevity



Boiled potatoes
cubes 1 x 1 x 1 cm
cubes 2 x 2 x 2 cm

3 kg 25 days
package longevity



Boiled potatoes – half-moon

3 kg 25 days
package longevity



Boiled potatoes – slices

3 kg 25 days
package longevity



Boiled potatoes – American

3 kg 25 days
package longevity

10 - 15 minutes pan-roasted

7 minutes heated in hot, salted water

5 - 7 minutes heated in a microwave

20 minutes baked in an oven at 220°- 250°C

7 - 15 minutes baked in a combi oven

Raw potatoes – vacuum packed



Raw potatoes – whole

3 kg package 10 days longevity



Raw potatoes – side-dish quarters

3 kg package 10 days longevity



Raw potatoes – American

3 kg package 10 days longevity



Raw potatoes – cubes 1x1x1 cm

3 kg package 10 days longevity



Raw potatoes – lightly grated (no seasoning)

5 kg package 14 days longevity



Peeled and boiled potatoes – balls

500 g package 25 days longevity

NO E NUMBERS NO PRESERVATIVES



American potatoes – boiled

500 g package 25 days longevity

NO E NUMBERS NO PRESERVATIVES



Peeled and boiled potatoes – half-moon

500 g package 25 days longevity

NO E NUMBERS NO PRESERVATIVES



Peeled and boiled potatoes – cubes

3 kg package 25 days longevity

NO E NUMBERS NO PRESERVATIVES

An easily prepared potato salad:
Open the package and put the boiled potatoes into a sieve and leave them until they are at room temperature. Put them into a bowl, add the other ingredients according to your own taste and your salad is ready.



10 - 15 minutes pan-roasted

7 minutes heated in hot, salted water

5 - 7 minutes heated in a microwave

20 minutes baked in an oven at 220° - 250°C

www.panzemiak.sk



NO PRESERVATIVES
READY IMMEDIATELY

LIPTOV POTATO DROBY (SAUSAGES)

Liptov Potato Droby are a traditional Slovak delicacy made by an old hand-crafted method. The deliciously flavoured mix of potatoes, pork cracklings and pork lard are filled into a natural casing.

The original traditional recipe has been handed down from generation to generation. It fully substitutes for filling meat dishes.

In 2021 this product obtained the status of **Registered Protected Geographic Indication** from the European Commission. These are thus a unique world food item.



Liptov Droby (sausages)

0,45 kg 20 days

package

longevity

TRADITIONAL LIPTOV DELICACY FROM SLOVAK POTATOES

ingredients: potatoes 85%, pork cracklings, pork lard, onions, ground black pepper, marjoram, semolina, iodised salt, garlic paste (50% salt, 50% garlic), pork sausage casings.

PACKED IN A PROTECTED ATMOSPHERE



Liptov Droby Šialence (coiled sausages)

0,45 kg 20 days

package

longevity

TRADITIONAL LIPTOV DELICACY FROM SLOVAK POTATOES

ingredients: potatoes 85%, pork cracklings, pork lard, onions, ground black pepper, marjoram, caraway seed, semolina, iodised salt, garlic paste (50% salt, 50% garlic), Adistabil kartoffel+S (salt, acid regulator E 330, E 331, E 300, sodium sulphite preservative), mutton sausage casings.

PACKED IN A PROTECTED ATMOSPHERE



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